

CYCLE A	Reception	Year 1.2	Year 3.4	Year 5.6
Autumn 1	Speed, agility and travel - unit 1 COJO	COJO Attack, Defend, Shoot Year 1 - unit 1	COJO Netball Year 3	COJO Netball Year 5
Autumn 2 Bikeability year 5.6	Manipulation and coordination - unit 1 Gymnastics - unit 1	Dance Yr 1 - unit 1 Gymnastics Yr 1 - unit 1	Dance Yr 3- unit 1 Gymnastics Yr 3 - unit 1	Dance Yr 5 - unit 1 Gymnastics Yr 5 -unit 1
Spring 1 Skipping festival	Gymnastics Rec - unit 2 COJO	Gymnastics Yr 2 - unit 1 COJO	Gymnastics Yr 4 - unit 1 COJO	Gymnastics Yr 6 - unit 1 Games- Handball
Skipping focus in warm up towards skipping festival				
Spring 2 Dance festival	Dance - Teacher led Forest School sessions	Hit, Catch and Run Yr 1 - unit 1 Dance - Teacher led	Handball Yr3 Dance - Teacher led	Games - Rounders Dance - Teacher led
Summer 1 Health week - week after SATS	Speed, agility and travel - unit 2 Forest Schools Sessions	Send and Return - yr1 - unit 1 OAA Yr1	Swimming OAA Yr3	OAA Yr5
Summer 2 Sports Day at the Wentworth	Athletics Body Management - unit 1	Athletics - Linked to sports day activities Attack, Defend, Shoot Year 2 - unit 1	Athletics - Linked to sports day activities Swimming	Athletics - Linked to sports day activities Rounders - Yr 5

CYCLE B	Reception	Year 1.2	Year 3.4	Year 5.6
Autumn 1	Speed, agility and travel - unit 1 COJO	COJO Attack, Defend, Shoot Year 1 - unit 2	COJO Netball Year 4	COJO Netball Year 6
Autumn 2 Bikeability Year 5.6	Manipulation and coordination - unit 1 Gymnastics - unit 1	Dance Yr 1 - unit 2 Gymnastics Yr 1 - unit 2	Dance Yr 4 Unit 1 Gymnastics Yr 3 -unit 2	Dance Yr 6 - unit 1 Gymnastics Yr 5 - unit 2
Spring 1 Cross Country KS2	Gymnastics Rec - unit 2 COJO	Gymnastics Yr 2 -unit 2 COJO	Gymnastics Yr 4 - unit 2 COJO	Gymnastics Yr 6 - unit 2 COJO
Spring 2 Dance Festival	Dance - Teacher led Forest Schools Sessions	Hit, Catch and Run Yr 2 - unit 1 Dance - Teacher led	Hockey - Yr 4 Dance - Teacher led	Dance - Teacher led Handball Yr 6
Summer 1 Health Week - After SATs	Speed, agility and travel - unit 2 COJO	Send and Return Yr 2 unit 1 OAA Yr 2	OAA Yr 4 Swimming	OAA Yr 6
Summer 2 Sports Day at the Wentworth	Athletics - Linked to sports day activities Body Management - unit 1	Attack, Defend, Shoot Yr 2 - unit 2 Athletics - Linked to sports day activities	Athletics - Linked to sports day activities Swimming	Athletics - Linked to sports day activities Rounders Yr 6

