

## **PSHCE in Year 6:**

### **Being Me:**

- I can explain how my choices impact the local and wider community.
- I can empathise with other people and think about how this changes my actions.

### **Celebrating Difference:**

- I can explain how difference can cause conflict or celebration.
- I can show empathy with people in different situations.

### **Dreams, Goals and Aspirations:**

- I can explain different ways to work with others to help make the world a better place.
- I can explain what motivates me to make the world a better place.

### **Healthy Me:**

- I can explain when substances including alcohol are being used anti-socially or being misused and the impact this can have.
- I know ways to keep myself emotionally healthy and to manage stress and pressure.

### **Relationships:**

- I know when people may be experiencing feelings of loss.
- I recognise when people are trying to gain power or control.
- I know that I need to stand up for myself and my friends in real or online situations.

### **Changing Me:**

- I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.

